

## FIRST STOP HEALTH

New Benefit Beginning 4/1/2020

24/7 Access to US Based Physicians via telephone

- Call 1-888-691-7867
- Free to use; there are no copays or consultation fees
- Consultations can be done by telephone or video
- Your immediate family members can also use this service (i.e. spouse, parent, child)
- No online registration is required
- Prescriptions are available (or refills) if needed. Prescription co-pays will apply.
- A discount prescription card will be issued if needed

Common conditions treated via telemedicine:

infections (urinary, ear, upper respiratory, eye, etc)  
sinus or allergy related problems  
sore throat, cough  
colds, flu  
swelling and/or soreness  
nausea and/or vomiting  
rashes  
other minor illnesses/injuries

Free mobile app is available.

Up to seven family members (spouse, parent, child) can be included in our plan.